

**Press Release for Immediate Release:**

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**Derby Dash To Deliver**  
*Arvada 5K/FunRun to Benefit Hope House of Colorado*

(Arvada) The third annual Derby Dash, a 5K and Fun Run, will be held on Saturday, May 7, at Lake Arbor Park in Arvada. The race, which raises awareness and support for Hope House of Colorado's self-sufficiency programs for teen moms, is a fun event for the entire family.

An official Bolder Boulder qualifier, the Derby Dash has attracted notable runners in the past including Olympic-hopeful Ben Payne.

The morning will also include the shorter Fun Run and the Diaper Dash, a miniature race for toddlers. The Derby Hat contest allows runners to compete Kentucky-Derby style. Other events include a children's obstacle course, face painting and pictures with a real live princess or super hero.

"We really appreciate the support that Arvada has shown us since we opened our doors 13 years ago," said Lisa Steven, Executive Director of Hope House. "When the community shows our teen moms that they believe in them, it encourages them as they work hard toward economic self-sufficiency."

Last year over 225 people ran the Derby Dash. This year an even larger crowd is anticipated.

Hope House is an Arvada-based nonprofit organization that offers free self-sufficiency programs to parenting teen moms. For more information on Hope House, see [hopehouseofcolorado.org](http://hopehouseofcolorado.org).

**Caption Photo 1 Runners:** Over 225 people showed up to the 2015 Derby Dash at Lake Arbor in Arvada. (photo credit Kendra Widman)

**Caption Photo 2 Derby Hat:** The Derby Hat contest is always a hit. (photo credit Danielle Jones)

**Caption Photo 3 Ben Payne:** Erin Mattox and Olympic-hopeful Ben Payne cross the finish line. (photo credit Danielle Jones)

**Caption Photo 4 kids:** Kids get in on the action at the Derby Dash. (photo credit Danielle Jones)

**Caption Photo 5 kids:** Teen moms at Hope House participating in last year's Derby Dash. (photo credit Danielle Jones)

***About Hope House of Colorado:*** *Hope House of Colorado is metro-Denver's only resource providing free self-sufficiency programs to teen moms, including Residential, GED and College & Career Support services. Additional supportive services include mentoring, parenting and life skills classes, healthy relationship classes, financial literacy workshops and certified counseling, all designed to prepare them for long-term independence. Hope House relies on numerous volunteers and local business partnerships to accomplish its mission.*[Hopehouseofcolorado.org](http://Hopehouseofcolorado.org).

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